Concentra®

Medical Advisory Services
1419 Knecht Ave.
Arbutus, MD 21227

Starting Point: From North
(Ellicott City/Columbia/Towson Area)

1. Take **695 West**
2. Next Take **Exit 11A-11B** for **I-95 towards Baltimore/Washington**
3. Take **exit 11B** for **I-95 South toward Washington**
4. Keep right at the fork, follow signs for **Sulphur Spring Rd**
5. Keep right at the fork, follow signs for **Arbutus/Violetville** and merge onto **Sulphur Spring Rd**
6. Turn Right onto **Benson Ave**
7. Turn left onto **Knecht Ave.** (**Building will be on the left**)

Starting Point:
(South Laurel & Washington DC Area)

1. Take **I-95 North**
2. Take **exit 50A-B** for **Caton Ave**
3. Take **exit 50A** to merge onto **S. Caton Ave** Towards **Washington Blvd South**
4. Turn right onto **Joh Ave.**
5. Turn left onto **Benson Ave**.
6. Turn right onto **Knecht Ave**.

(**Bldg. will be on left**)

Starting Point: (Pasadena/Glen Burnie Area)

1. Merge onto **MD-10North** via the ramp to **MD-100West/I-695 Baltimore** keep left to continue on **MD-100 West**, follow signs for **MD 100West/MD 97**
2. Take **exit 13B** to merge onto **I-97North** toward **Baltimore**
3. Merge onto **I-695 West**
4. Take **exit 10** for **Washington Blvd toward U.S. 1**
5. Turn left onto **Washington Blvd**
6. Turn right onto **Sulphur Spring Rd**
7. Turn right onto **Benson Ave**.
8. Turn left onto **Knecht Ave** (**Building will be on the left**)

Starting Point: (Baltimore City/Downtown)

1. Take **I-395 S (signs for I-95)**
2. Keep left at the fork, follow signs for I-95 **South/Washington -** merge onto **I-95 South**
3. Take **exit 50A-50B** for **Caton Ave**
4. Take **exit 50B for Caton Ave N.** to **Wilkens Ave**
5. **Merge** onto **S. Caton ave**
6. Turn **left** onto **Benson Ave.**
7. Turn **right** onto **Knecht Ave** (**Bldg. will be on left**)

Starting Point: Eastern Shore Area)

1. Take **50 West/Ocean Gateway**
2. Take the ramp onto **US-301 South/US-50 West**
3. Take **exit 27B** to merge onto **MD-2 North/Baltimore Annapolis Blvd** Toward **Ritchie Hwy/Severna Park** - continue to follow **MD-2North**
4. Merge onto **MD-10North** via the ramp to **MD-100West/I-695 Baltimore** Keep left to continue on **MD-100 West**, follow signs for **MD 100West/MD 97**
5. Take **exit 13B** to merge onto **I-97North** toward **Baltimore**
6. Merge onto **I-695 West**
7. Take **exit 10** for **Washington Blvd toward U.S. 1**
8. Turn left onto **Washington Blvd**
9. Turn right onto **Sulphur Spring Rd**
10. Turn right onto **Benson Ave**.
11. Turn left onto **Knecht Ave** (**Building will be on the left**)