

## Account Information at Your Fingertips

**CYC Mobile**, our secure mobile app, delivers important account information to you on the go! Download it today!

- View account balances & transaction history
- See claims details & submit a new claim
- View FAQs or tap to call Customer Service
- Receive important account alerts
- Take a photo of your receipt and upload it directly to the system



Android

iPhone



“As a member with both an HCFSA and a DCFSA, I absolutely LOVE the mobile app!

I have never submitted my claims with such ease, especially for dependent care expenses. Being able to take a picture of my receipt from my iPhone and upload it with my claim is very efficient!”

Jennifer Schmidt, PHR  
Director of Operations,  
Employee Benefits Division

## Timeline for Using Account Funds

FSA funds must be used by the deadline, or remaining funds are forfeited, according to IRS regulations.

### DEADLINE FOR ELIGIBLE EXPENSES

- **Healthcare FSA** - the deadline is September 15, 2013 to incur eligible expenses
- **Dependent Day Care FSA** - the deadline is June 30, 2013 to incur eligible expenses

### DEADLINE FOR FILING CLAIMS

For both the Healthcare FSA and the Dependent Day Care FSA, you have until October 15, 2013 to file claims for eligible expenses.

### PLAN AHEAD

Since IRS regulations do not allow FSA funds to roll over from one year to the next, be sure to plan carefully when deciding how much to contribute.

Estimate your expenses using the FSA worksheet at [www.ConnectYourCare.com/statemd](http://www.ConnectYourCare.com/statemd)

## Become an FSA Participant and Save

An FSA lets you set money aside for eligible expenses before taxes are taken from your paycheck. This means the amount of income you pay taxes on is reduced, and as a result, you save money.

Let's assume "Samantha" earns \$35,000 a year and has \$1,500 in eligible expenses.

|  | With FSA     | Without FSA |
|--|--------------|-------------|
| Annual pay                                   | \$35,000     | \$35,000    |
| Pre-tax contribution to FSA                  | – \$1,500    | – \$0       |
| Taxable income                               | = \$33,500   | = \$35,000  |
| Federal income and Social Security taxes     | – \$7,362    | – \$7,852   |
| After-tax dollars spent on eligible expenses | – \$0        | – \$1,500   |
| Spendable income                             | = \$26,138   | = \$25,648  |
| <b>Tax savings with FSA</b>                  | <b>\$490</b> | <b>\$0</b>  |

**Samantha saved \$490 with her FSA!\***

# FLEXIBLE SPENDING ACCOUNTS



**DON'T JUST WISH FOR MORE MONEY... ENROLL IN AN FSA AND SAVE ON HEALTHCARE AND DEPENDENT DAY CARE COSTS!**

[WWW.CONNECTYOURCARE.COM/STATEMD](http://WWW.CONNECTYOURCARE.COM/STATEMD)

You can always access your account details online too!

\*Sample tax savings for a single taxpayer with no dependents; actual savings will vary based on your individual tax situation; please consult a tax professional for more information.



## Eligible Expenses

There are hundreds of eligible expenses. A few include...

## Two Ways to Save

# 1

### HEALTHCARE FSA

The Healthcare FSA allows you to set aside **pre-tax** money for eligible out-of-pocket healthcare expenses, including deductibles, copays or coinsurance not reimbursed by any medical, dental, vision or prescription plans for you, your spouse or your eligible dependents.

You may contribute between \$120 and \$2,500 a year to the Healthcare FSA.

# 2

### DEPENDENT DAY CARE FSA

The Dependent Day Care FSA allows you to set aside **pre-tax** money for eligible dependent day care expenses so you and/or your spouse, can work, look for work, or attend school full-time.

The account may cover child and elder day care, before- and after-school care expenses, summer day camp, nursery school and pre-school costs.

You may contribute between \$120 and \$5,000 a year, or up to \$2,500 a year if married and filing separately, to the Dependent Day Care FSA.

### HEALTHCARE FSA

- Copays, coinsurance, and deductibles (but not premiums)
- Acupuncture
- Birth control pills
- Childbirth classes
- Chiropractic visits
- Dental care
- Diabetic supplies
- Eye exams, glasses, and contacts
- Hearing aids
- Laser eye surgery
- Orthodontia
- Over-the-counter (OTC) items\*
- Physical therapy
- Prescription drugs
- Psychotherapy
- Smoking cessation programs
- Speech therapy
- Sterilization surgery
- Sunscreen and sun block (SPF 15+, broad spectrum)
- Well-baby and well-child care

Ineligible expenses include: gym fees, cosmetics, cosmetic surgery, teeth whitening and toothpaste.

\*OTC items that contain a drug or medication require a prescription. Insulin, medical monitoring and testing devices, and other non-medical health items are eligible without a prescription.

### DEPENDENT DAY CARE FSA

- Care of a child under age 13 at a day camp, nursery school, or by a private sitter for a child that lives in your home at least eight hours a day
- Before- and after-school care (not tuition)
- Care of an incapacitated adult who lives with you at least eight hours a day
- Expenses for a housekeeper whose duties include caring for an eligible dependent

Ineligible expenses include: education and tuition fees, late payment fees, overnight camps, sports lessons, field trips, clothing, and transportation to and from a dependent day care provider.

## Don't miss out on your chance to save on your family's care

### WHAT IS A FLEXIBLE SPENDING ACCOUNT?

A Flexible Spending Account (FSA) is an account that allows you to use **pre-tax dollars** to pay for qualified healthcare or dependent day care expenses.

All FSA **contributions are pre-tax**, which means you save money by not paying taxes on the amounts you set aside to pay for eligible healthcare and dependent day care expenses.

There are **hundreds of eligible expenses** for your FSA funds, including prescriptions, over-the-counter items, doctor office co-pays, health insurance deductibles and coinsurance for you, your spouse or eligible dependents.

*Paying with pre-tax funds is like getting a discount on every eligible expense!*

### HOW DO YOU USE AN FSA?

ConnectYourCare makes it quick and easy for you to use your FSA.

- You will receive a healthcare payment (debit) card to pay for eligible expenses like doctors' office copays.
- If you do not use your card, you can quickly and easily submit a claim, and your reimbursement will be sent within a few days. There is no minimum amount for reimbursement.
- The customer service center is open 24 hours a day, seven days a week.

